Over-Work Weakens Your Kidneys

Unhealthy Kidneys Make Impure Blood

All the blood in your body passes through your kidneys once every three minutes. The kidneys are your blood purifiers, they filter out the waste or impurities in the blood. If they are sick or out of order, they fail to do

their work. Pains, aches and rheumatism come from excess of uric acid in the blood, due to neglected

Kidney trouble causes quick or unsteady heart beats, and makes one feel as though they had heart trouble, because the heart is over-working in pumping thick, kidneypoisoned blood through veins and arteries. It used to be considered that only urinary troubles were to be traced to the kidneys. but now modern science proves that nearly all constitutional diseases have their beginning in kidney trouble.

If you are sick you can make no mistake by first doctoring your kidneys. The mild and the extraordinary effect of Dr. Kilmer's Swamp-Root, the great kidney remedy is soon realized. It stands the highest for its wonderful cures of the most distressing cases and is sold on its merits by all druggists in fifty-,

cent and one-dollar sizes. You may have a sample bottle by mail Home of Swamp-Root. free, also pamphlet telling you how to find out if you have kidney or bladder trouble. Mention this paper when writing Dr. Kilmer & Co., Binghamton, N. Y.

ROADS DISCUSSED

At Meeting of Commissioners-Other important Items Considered.

The board of county commission ers for Marion county met in regular session Monday, Dec. 7, 1993.

Present: H. W. Long. chairman, and Commissioners J. L. Edwards, F. S. Lucius, N. A. Fort and E. L. Wortmann.

The minutes of last meeting were read, corrected and approved. Col. J. P. Miller appeared before the board and asked permission to erect automatic gates across the lake Weir and the Summerfield public roads. After consideration Commissioners Wartmann and Lucius were appointed a committee to formulate resolutions covering same.

The comptroller was recommended to allow Mr. Robinson to redeem block 6, town of Reddick, for the sum

Jeanette Johnson appeared before the board and asked to be paid for caring for Jim Moreland, a prisoner, taken from the county jail. After consideration it was ordered that she be paid \$5. Dr. Hood having been paid \$5.30 for purchase of ticket for said prisoner, and said prisoner having died, it was ordered that Dr. Hood retain said \$5.30 to cover expenses incurred by him in caring for said pris-

Petition for a public road commencing at the Sumter county line at the corner between sections 31 and 32, township 17, range 23, thence north on section line two miles, thence west one-quarter mile to connect with old wire road, was granted, same to become a public or chartered road when opened up and put in traveling condition by the petitioners.

Walter Nichols was ordered paid \$15 for building a fence on one side of road through his land.

A. J. White, ferryman at Moss Bluff, appeared before the board with reference to charge of negligence, and made a statement satisfactory to the

S. R. Pyles, W. C. Jeffords and Z. C. Chambliss, commissioners appointed to mark out road running south from Chambliss' lane, recommended the following: Commencing 57.15 chains south of north-east corner, section 35, township 15, range 21, thence south 8 degrees, 15 minutes, west 10.83 chains, thence south 15 degrees, 40 minutes, east 12.46 chains to north-east corner, section 2, township 16, range 21, thence south with section line to intersection with present public road. Mr. F. B. Turner addressed the board in opposition to the | ing. report, and Mr. J. L. Edwards in favor. After consideration the report of the committee was adopted. Mr. Edwards, being personally interested, did not vote.

Commissioner Long filed report on the poor farm, showing expenses for month of \$107.63. Syrup sold, \$12.90, and \$29.87 expended on improvements. Value of syrup on hand \$12.80, and pork valued at \$63.

S. R. Ryles and R. L. Martin, commissioners appointed to select route for proposed hard road from Martel to Dunnellon, submitted their report, recommending the following route: Commencing in the line of the Ocala end of Cotton Plant hard road at center of section 13, township 15, e, thence in a direct line through sec St ore.

to north-east corner of south-west near the half-mile post on line dividing sections 19 and 30, township 15, range 20, thence south about 561 degrees west to a point at or near north end of rallroad Y just north of Juliette station, thence the most direct, practical route to town of Dunnellon in section 35, township 16, range 18,

Counter petitions against closing the road from Irvine to Orange Lake, and asking for location of said road, were presented, and Mr. D. H. Irvine and others addressed the board in relation thereto, and after consideration it was ordered that the latter part of the petition be granted, and road to run as follows: Leaving the Citra and Plemington road at southwest corner of section 29, township 12, range 21, thence north one-half mile, thence east one mile, thence north half mile to junction of old wire road and the Citra and Micanopy road same to be opened by petitioners, and the matter of time for removing obstructions on said route was left to be adjusted by Commissioner Wart-

The matter of roads through lands of Wm. Gaskin, from Pine to Anthony, was, on motion, left to Commissioner Wartmann to adjust.

The board then adjourned until Tuesday morning.

Tuesday, Dec. 8, 1903.

Board met, all members present The commissioners reported the following amounts collected on account of road taxes and to treasurer, to-wit: John L. Edwards, \$96; N. A. Fort, \$129; F. S. Lucius, \$303; E L. Wartmann, \$107. Mr. Wartmann offered the following resolution:

Whereas, Col. L. P. Miller has applied to the board for a permit to erect gates with automatic fixtures across the public roads known as Ocala and Summerfield and Ocala and Lake Wier; therefore be it

Resolved, That the board hereby grants the request of Col. Miller to erect said gates on above mentioned roads at his own expense and under act of legislature, enapter 4,594, ap proved June 1, 1897. That the board will in no wise be responsible for any damage to crops by permitting said privilege. That the board reserves the right to rescind this resolution whenever it is deemed best interest to the traveling public.

Which resolution, after discussion, was adopted, Commissioner Fort voting against same for the reason that it is an experiment unknown to the people and not asked for by the people. The balance of board asked that their votes be recorded in the affirmative because the same was a matter of experiment, and if satisfactory would be a great saving to farmers and stockmen, and bacause the board reserved the right to have said gates removed if unsatisfactory.

It was, on motion, ordered that the sum of \$726.04 be transferred from the F. and F. fund to the county proper fund, same being one-half the amount received from the state for hire of convicts, and erroneously placed wholly in the F. and F. fund.

The matter of dispute as to obstruction of public roads in the vicinity of Lake George by H. L. Anderson or his agents was, on motion, referred to Commissioner Fort to adjust.

Nr. E. L. Carney submitted a list o errors and insolvencies on the tax book of 1902, and same was approved. and the collector allowed credit the following parties were approved: therefor as follows:

F. and F. fund, \$67.52; county proper, \$135.03; county roads, \$270.06; county schools, \$337.58; polls, \$680; sub-schools, \$66.39; Silver Springs and Western railroad, \$90.

Bonds to carry firearms were approved for the following persons: A. M. Cook, W. W. Geiger, C. N. Burton, D. M. Crosby, J. L. Grantham, W. L. Carter, Geo. P. Bryan, J. E. McRae. Bonds to carry firearms were presented by R. D. Harrison, R. O. Connor and E. N. Davis, which were laid over until next meet-

Petition to change the Camp Izard road so as to go on north and west sides of lot 18, Waldo place, instead of the east and south sides was taken up and heard-arguments of Mr. F. B. Turner in favor and Mr. J. L. Edwards in opposition thereto.

A Thousand Dollars Worth of Good.

A. H. Thurnes, a well known coal operator of Buffalo, O., writes, "I have been afflicted with kidney and bladder trouble for years, passing gravel or stones with excruciating pain. 1 got no relief from medicines until I began taking Foley's Kidney Cure, then the result was surprising. A few doses range 20, thence west along half mile started the brick dust like fine stones line of sections 13 and 14, township 15, and now I have no pain across my range 20, to north-east corner of kidneys ane I feel like a new man. north-west quarter of south-west | It has done me a thousand dollars quarter, section 14, township 15, range | worth of good. Postoffice Drug

tions 15, 16, 17, township 15, range 20, Mr. Edwards also filed a counter pe-1 tition. After consideration it was, quarter of south-east quarter, section on motion, referred to Commissioners 17, township 15, range 20, thence south | Long, Wartmann and Lucius to exabout 45 degrees, west to a pointat or amine said routes and report at next

S. T. Sistrunk, F. B. Turner and J F. Hall, owners of the land, filed protest against the report of the commission as to location of road around Bradley Pond. The matter as to damages in the matter of the location of said road was referred to Comwhich report was, on motion, adopted missioners Long, Lucius and Wartmann for adjustment.

The board adjourned until Wednesday morning.

Wednesday, Dec. 9, 1903. Board met, all members present. Commission appointed to lay out road from city limits to Blitchten paved road filed their report recommending that said road run straight straight southeast from end of present

road two miles northwest of Ocala to present crossing of S. S. O. & G. R. R. thence south about 130 yards to northwest corner of race track, thence east to city limits, which report was on motion adopted and it was ordered that same be opened.

Petition for public road commencing at point where southwest quarter section 27 crosses the Ocala and Lake Weir road thence north to northwest corner section 22, thence northward by most direct route west of convict farm to the Ocala and Silver Springs hard road, was read and laid over until next meeting.

for commissions was ordered paid if found correct by the clerk.

be instructed to prosecute all parties doing business without a license as required by law unless such license be paid on or before 1st day of Jan. next and that Hon. R. A. Burford be employed as county attorney to prosecute said parties.

Application of S. E. Rowe to sell liquors, wine and beer in Dist. No. 24, having been published as required by law and and no objections thereto having been filed, the same was ordered granted.

Proposition of Munroe& Chambliss to cash county warrants for the ensuing year and charge interest thereon from date of issue until paid at rate of 7 per cent. per annum was on motion accepted.

Notary bonds of Henry Gordon with J. G. Baskin, D. B. Kibler and A. B. Kibler, sureties, and of W. L. Colbert with W. Luffman and J. W. Luffman, sureties, W. M. Gist with S. H. Gaitskill and H. L. Dickson, sureties, were approved.

T. E. Pasteur, county treasurer, submitted his report showing receipts, disbursements and balances as fol-

| ROAD FUND. | |
|---------------------------|---------------------|
| Balance last report | \$142.55 717.11 |
| Disbursed | 859.66 659.74 |
| Balance | \$199.92 |
| COUNTY PROPER FUN | D. |
| Balance last report | \$233.74 1310.71 |
| Disbursed | 1544.45 1399 35 |
| Balance | \$145.10 |
| F. & F. FUND. | |
| Balance last report | \$3518 43 350.67 |
| Disbursed | 3860,10 1365.61 |
| Balance | \$2503,49 |
| Applications for state pe | |

Louisa B. Stephens, Wm. M. Sherouse Mary J. Harnage, C. T. Scott and Wm. D. Holder.

Justices of the peace reported collections as follows: C. C. Priest, \$4.10; W. O. Waid, \$10; J. O. Turnipseed, \$30; J. W. Coulter, \$5.

Following justices reported no fines imposed in their courts: B. F. Bouchilton, W. W. Jackson, E. S. Smith, M. H. Rou, Alex Wynn, H. W. Douglas, J. W. Lyles and W. M.

E. L. Carney, tax collector, reported collection of \$17 on account of poll taxes regular and \$13 extra. Also reported collection of \$61.50 on account of licenses. Board thereupon adjourned. S. T. SISTRUNK, Clerk.

This the seasen of the year when the prudent and careful housewife replenishes her supply of Chamberlain's Cough Remedy. It is certain to be needed before the winter is over and results are much more prompt and satisfactory when it is kept at hand and given as soon as the cold is contracted and before it has become settled in the system. In almost every instance a severe cold may be warded off by taking this remedy freely as soon as the first indication of cold appears. There is no danger in giving it to children for it contains no harmful substance. It is pleasant to take, both adults and children like it. Buy it and you will get the best. It always cures. For sale by all druggists and medicine dealers.

The Candidates and the Primary.

The following is only a partial list of the candidates seeking offices through the primary system and if the purpose for which it was created is carried out must meet the people face to face, viz:

For United States senator, Wilk Call, W. S. Jennings, J. N. C. Stockton and James P. Taliaferro. For congresman, J. M. Barrs, Charles Daugherty, A. O. Wright, J. E. Alexander, Frank Clark, Charlie Fildes, McDonalo and Watson, For governor, D. H. Mays. N. B. Broward, C. M. Brown and R. W. Davis. For secretary of stnte, James E. Broome and H. Clay Crawford. For comptroller, A. C. Croom and W. R. Dorman. For treasurer, W. V. Knott and Sam Puleston. For superintendent of schools, W. N. Sheats and W. M. Holloway. For commissioner of agriculture, B. E. McLin and Robert F. Rogers. For attorney General, W. H. Ellis and Alfred St. Clair Abrams. For railroad commissioner, T. J. Appleyard and John L. Morgan.

For these gentlement to make a tour of forty five counties-meeting the people in the different precinctswill require at least six months.

Coughing Spell Caused Death

"Harry Duckwell, aged 25 years chocked to death early yesterday morning at his home, rn the presence of his wife and child. He contracted a slight cold a few days ago and paid Bill of E. L. Carney, tax collector, but slight attention to it. Yesterday morning he was seized with a fit of coughing which continued some It was ordered that the tax collector | time. His wife sent for a physician but before he could arrive another coughing spell came on and Duckwell died from suffocation.-St. Louis Globe-Democrat, Dec. 1, 1901." Ballard's Snow Liniment would have saved him. 22c. 50c. and \$1.00 at Anti-Monopoly Drug Store. m

> At the last meeting of the W. O. W. the following members were elected to the following positions: J. G. Spurlin, C. C.; James Brown, A. L.; M. Rubin, banker; C. K. Sage, clerk; Joe White, escort; W. H. Lipscomb, wetchman; Frank Dorsey, sentinel; C. H. Dame, manager. A banquet will be held on the first Tuesday night in January, The banquet committee is composed of C. H. Dame, Jake Brown and F. B. Beckham.

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CRUSHES OUT

The most loathsome and repulsive of all living things is the serpent, and the vilest and most degrading of all human diseases is Contagious Blood Poison. The serpent sinks its fangs into the flesh and almost instantly the poison passes through the entire body. Contagious Blood Poison, beginning with a little ulcer, soon contaminates every drop of blood and spreads throughout the whole system. Painful swellings appear in the groins, a red rash and copper colored splotches break out on the body, the mouth and throat become ulcerated, and the hair and eye brows fall out; but these symptoms are mild compared to the wretchedness and suffering that come in the latter stages of the disease when it attacks the bones and more vital parts of the body. It is then that Contagious Blood Poison is seen in all its hideousness. The deep eating abscesses and sickening ulcers and tumors show the whole system is corrupted and poisoned, and unless relief comes soon this serpent disease tightens its coils and crushes out the life. The only antidote for the awful virus is S. S. S. It is nature's remedy, composed entirely of vegetable ingredients. S. S. S.

destroys every vestige of the poison, purifies the blood and removes all danger of transmitting the awful taint to others. Nothing else will do this. Strong mineral remedies, like mercury and potash, dry up the sores and drive in the disease, but do not cure permanently. Send for our home treatment book and write us if in need of medical advice or special information. This will cost you nothing.

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GIN PHOSPHATE CURES Kidney TROUBLES

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it gives appetite, builds the system, banishes that tired feeling, makes the weak strong and happy.



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WE EAT MEAT



To grow strong. Unless we get good meat we may as well let it alone. There is no strength in tough meat-instead of giving, it takes strength to digest it. It pays to be careful in buying meat-be sure to get the best-tender and choice. Pay a little more if need be and put something in your stomach which will put flesh on your bones and strong blood in your

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